



# 58TH ASIAN BODYBUILDING AND PHYSIQUE SPORTS CHAMPIONSHIPS 2026

4TH TO 10TH AUGUST 2026, MINES WELLNESS CITY, SELANGOR, MALAYSIA

*Under the Umbrella of The Asian Bodybuilding & Physique Sports Federation*

*Approved and Sanctioned by World Bodybuilding & Physics Sports Federation, Olympic Council of Malaysia*

## : COMPETITION TERMS AND RULES :

### REGISTRATION FEES

#### OFFICIALS AND ATHLETE'S REGISTRATION FEES

1. The total of US\$850.00 for each person for the duration of 6 nights stay in a twin-bedded sharing room. Therefore, for 2 people, the total amount for sharing a twin bedroom is US\$1600.00.
2. For a single room, the registration fee is \$1200.00.

These charges include hotel accommodation, 3 meals per day, a shuttle to and from the airport.

### IMPORTANT NOTICE

Please note it is compulsory for all the participating athletes, officials and judges must stay in the official hotel provided by the organizers. Those who do not stay in the official hotel will not be allowed to participate in the said championship.

#### ABBF EXECUTIVE COMMITTEE

ABBF Executive Committee members are exempted from paying the Registration Fees, including Patrons and Honorary Life Members. ABBF Executive Committee Members are allowed to be accompanied by their spouse only. Their accommodation, Meals, etc. are on gratis. Standing Committee Members with the exception of the Chairman and Secretary of each Sub Committee may have to share a twin sharing room. If a Sub Committee Member requests a single room, he/she must pay the difference of USD 400.00 for a single room for the duration of 6 nights.

#### EARLY ARRIVALS AND LATE DEPARTURES

Any team or officials arriving early or departing late are subject to hotel availability.

*Please note: For early arrival and late departure, shuttle services will not be provided. You need to find your own transport.*

### MALAYSIAN BODYBUILDING FEDERATION

Suite No.8, 1st Floor, Wisma OCM, Jalan Hang Jebat, 50150 Kuala Lumpur.

E-mail: masbbf@yahoo.com Tel. No : 019-620 2549 / 019-262 243



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## IMPORTANT NOTICE

Please advise your team before departure not to incur additional expenses.

## EXTRA OFFICIALS

Any judges, coaches or trainers who are not officially participating as an Athlete or Delegate will be responsible for all of their own expenses. Only those whose names are officially recommended in the official entry form by the respective national federation will be allowed to participate as an athlete, official, judge and supporter of that respective country. This rule is also applicable to family members.

**NO EXCEPTION WILL BE MADE UNDER ANY CIRCUMSTANCES.**

## PAYMENTS

Only cash payments in USD will be accepted for registration fees.

It is to be noted by guests that all stores /chemists, convenience stores, and Cafeterias will accept Malaysian Riggit, and Credit Cards; therefore you need to bring their local currency of Malaysian Ringgit, and Credit Cards to pay for all expenses.

## JUDGES

In order to assist the ABBF Judge's Committee in their selection of Judge's for this Championship, please forward your nomination for Judges from your National Federation as soon as possible but no later than 1<sup>st</sup> July, 2026. Judges must possess WBPF International recognized judge's card and must produce it to the Judges Committee. Judge's nominations are to be sent to: Ms. Christina Kam, Chairman Judge's Committee - abbf.adm@hotmail.com, CC to Mr. Sugree Supawarikul at abbf.secretary@yahoo.com.

**ALL JUDGES MUST POSSESS A VALID WBPF JUDGES LICENCE CARD TO OFFICIATE IN THE ASIAN CHAMPIONSHIPS WITHOUT WHICH THEY SHALL NOT BE ALLOWED TO OFFICIATE AS A JUDGE.**

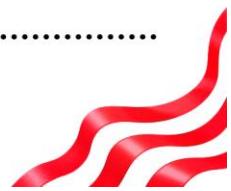
## IMPORTANT NOTICE

Each athlete and the official who wishes to participate in the said championship must stay at the official hotel by paying the requisite Registration Fees. Those who bypass the rules and book directly with the

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hotel will not be eligible to participate in the said championship, attend all the functions (breakfast, lunch and dinner) including entry into the competition venue. No I.D. cards will be issued. They will not be picked up at the airport to the hotel vis a vis for departure as well.

***Kindly nominate the name of your judges in advance; last-minute submissions will be rejected. All judges should use a grey suit with the official logo of WBPF and female judges with a grey blazer with a grey skirt or dress pants.***

## PARTICIPATION RULES

1. One judge per country will be allowed on gratis (No registration fee to pay) however, the judge must share a twin bedroom with other judges or officials.
2. However, a country participating with woman athletes may send 1 (one) extra female judge and no need to pay the registration fee as well but need to share a twin bedroom.
3. Countries without participating athletes are not permitted to nominate judges to take advantage of the registration fees.

## ADDITIONAL IMPORTANT NOTICE

1. No smoking is allowed in the venue hall and dining rooms.
2. It is to be noted that the organizer will not be responsible for any loss, like valuables, money, or passport.
3. Supporters who are arriving with the athletes (family members) will not be picked up from the airport or shall be boarded on the bus to the official hotel and return.
4. All delegates and competitors will be staying at **Palace of the Golden Horses, Kuala Lumpur, Malaysia**. Jalan Kuda Emas, Mines Wellness City

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